

# Supporting Families with Cancer

The University of Leicester, University Hospitals of Leicester and Macmillan Cancer Support are working together to Support Families with a strong history of Cancer through:

## Prevention

Individuals

Cancer  
prevention  
groups

Genetic  
counselling  
support



Preventing  
cancer in  
families

One-to-one  
counselling for  
familial cancer

Families

## Support

# How you can get involved:

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

## Cancer prevention groups

Support groups for patients considering preventative surgery to reduce their risk of cancer - we would particularly welcome patients who have had preventative surgery to share their experiences.

## Preventing cancer in families

Evening events for families to talk about simple dietary and exercise steps that can be taken to reduce the risk of cancer, alongside latest evidence on research into cancer prevention.

## Genetic counselling support

Further one-to-one counselling for individuals having difficulties in reaching genetic counselling decisions.

## One-to-one counselling for familial cancer

One-to-one counselling for individuals coming to terms with familial cancer in themselves or their relatives.

**To sign up for any of these activities or to find out more:**

**T:** (0116) 2523165

**E:** [sfwc@le.ac.uk](mailto:sfwc@le.ac.uk)

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[www.le.ac.uk/hero](http://www.le.ac.uk/hero)  
[www.macmillan.org.uk](http://www.macmillan.org.uk)  
[www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk)