UNIVERSITY OF LEICESTER WOMEN'S RUGBY CLUB
CODE OF PRACTICE

SAFETY
The club will operate in accordance with safety guidelines recommended by the RFUW and RFU.

AFFILIATION
The club will be affiliated to the RFUW.

INSURANCE
Members will be covered by the RFUW compulsory scheme.

Members must also have a valid Sportscard which includes the Sports Association's sports injury insurance.

FACILITIES
The training area and pitches must be inspected by the club captain and team captain before use. The ground must be cleared of debris and must be fit to play on.

For home matches, the University's Head Groundsman will, as far as conditions allow, declare pitches unfit for use. The Head Groundsman's decision is final and no University pitches may be used in contradiction of his decision.

In the absence of a decision by the Head Groundsman, the fitness of the ground must be determined by a qualified referee, or by the home team captain.

The club captain must ensure that goal posts are securely padded before play starts and that the corner flags are round and light enough to give way under the impact of a player.

EQUIPMENT
All equipment owned and used by the club must be properly maintained and stored correctly. This will be the responsibility of the club captain.

Equipment used but not owned by the club (e.g. the University's scrummaging machine) must be inspected by the club captain and coach before use. Faulty equipment must not be used and must immediately be reported to the sports centre Site Supervisor or his deputy.

PERSONAL EQUIPMENT
Players are responsible for their personal equipment which must conform to IRB rules:

No jewellery, buckles or similar items may be worn. Any personal adornments, which cannot be removed, must be securely taped and covered.

Fingernails must be short.

Under-wired bras must not be worn.

Shoulder pads must bear the IRB Approval Mark

Chest pads may be worn but must bear the IRB Approval Mark

Headguards must bear the IRB Approval Mark

Boot studs must conform to the IRB specifications

Mouthguards must be worn during training and matches.

Shin pads may be worn, but must bear the IRB Approval Mark

The referee's decision on player's dress is final.

FIRST AID & INJURIES
The club captain and team captain must know where and how to summon assistance in the case of an emergency. This information must be passed to the coach and referee before a training session or match.

A first aid kit must be available at all training sessions, and on the touchlines for each match being played. Maintenance of the club first aid kit is the responsibility of the club captain.

Any player who requires immediate hospital treatment for an injury must be accompanied by the club captain or someone appointed by her.

All injuries must be logged in accordance with RFUW rules. The injury log must be kept up-to-date and be available for inspection at the request of the Sports Association or the University. This is the responsibility of the club captain.
Players must not chew gum whilst training or playing.

Players are recommended to check with their own doctors whether tetanus boosters are required.

**MATCH OFFICIALS**
All match officials, whether qualified or not, will be treated with respect and courtesy by all club members.

Players will abide by the decisions made by match officials during play.

Clarification of any decision should be requested through the team captain.

Any player who abuses a match official, either verbally or physically, will be subject to the disciplinary processes of the club, and the County RFU.

Fines imposed by the County RFU will be the responsibility of the individual player.

**DISCIPLINE**
Members who attend social events organised by the club, or where they are deemed by the organiser to be representing the club, or use University or Students' Union facilities and by their behaviour bring the club into disrepute, will be subject to disciplinary action by the club and by the University or Union.

The offender will be notified in writing by the club captain of the club disciplinary procedure, and afterwards of any subsequent action to be taken. The member will have the right to appeal against any decision taken by the club's disciplinary committee.

Disciplinary action by the Students' Union or the University will be in accordance with the procedures for that body. Any right of appeal will be subject to those procedures.