

UNIVERSITY OF LEICESTER SWIMMING AND WATERPOLO CLUB

CODE OF PRACTICE

SAFETY

Swimming Club activities will be conducted in accordance with the recommendations of the Amateur Swimming Association and the regulations imposed by the pool operator.

TRAINING

Training will be given by the club coach or club captain. If neither captain nor coach are present, training will be given by other committee members or an experienced member of the club appointed by the captain.

Separate lanes will be allocated for learners and experienced swimmers.

LIFEGUARDS

The club captain must ensure that the number of lifeguards required by the pool operator are present at all club pool sessions and hold the correct qualification.

The club captain must also verify the qualifications of the lifeguards used by the club and ensure that the pool operator has copies of the relevant certificates.

No one may enter the water unless the lifeguards are present.

POOL USE

The Club Captain or instructor must inform swimmers of the pool emergency procedures.

Swimmers must leave the pool as quickly as possible on hearing the emergency signal.

The lifeguards will summon assistance from the pool staff and then attempt a rescue or first aid.

The Club Captain must ensure that an incident report is completed as soon as possible.

Swimmers are advised not to swim for at least an hour after a meal.

No one should run on the poolside or engage in any activity that may put other pool users at risk.

COMPETITION ENTRIES & COSTS

Club members who have been entered into competitive events will be expected to give the club captain at least four days' notice if they wish to withdraw from the event.

The cost of any overnight accommodation booked by the club for that member will have to be reimbursed in full to the club, unless the accommodation can be cancelled without charge.

SPORTSCARD AND INSURANCE

Every member must either have a valid Sportscard, which includes the Sports Association personal injury insurance, or insurance purchased from the Sports office.

DISCIPLINE

Any club member whose behaviour or actions put others at risk, or bring the club into disrepute will receive a written warning from the club captain that any further breaches of discipline may mean suspension or expulsion from the club.