

UNIVERSITY OF LEICESTER RUGBY LEAGUE CLUB

CODE OF PRACTICE

TRAINING

Training must be under the supervision of an RFL qualified coach.

Sessions will include warming up, warming down and stretching to minimise individual injury.

FACILITIES

The club captain or his appointed deputy must know the emergency arrangements for each facility used by the club, and the means to get help if assistance is necessary.

This information must be given to match referees by the club captain or the team captain before the start of a game.

A first-aid kit must be available for use at all training sessions and matches. This must be the responsibility of the club captain or his appointed deputy.

EQUIPMENT

Club Equipment:

Equipment owned by the club must be checked, maintained and stored safely. This is the responsibility of the club captain or the coach.

Equipment used but not owned by the club must be checked before each session by the club captain or the coach.

Personal Equipment:

When playing, the dress of all players must conform to the rules of the SRL.
Players are expected to provide their own shorts, socks and boots.

The club recommends the use of gum shields and shin guards. Strapping, head guards and shoulder pads may also be used.

All personal equipment must conform to SRL rules and must be maintained in a safe condition by individual players.

HEALTH

Players are recommended to request their doctor for a tetanus booster if this is due.

Players who have a medical condition that may affect their ability to train or to play must inform the club captain. A record must be kept by the club captain of such conditions.

A first aid kit must be available during training and at matches.

Should any player require immediate hospital treatment, he must be accompanied by the club captain, team captain or someone appointed by them.

MATCH OFFICIALS

All match officials, whether qualified or not, will be treated with respect and courtesy by all club members.

Players will abide by the decisions made by match officials during play.

Clarification of any decision should be requested through the team captain.

Any player who abuses a match official, either verbally or physically, will be subject to the disciplinary processes of the club, and the regional authority for the sport.

INSURANCE

All players must have a valid Sports card for the current season.

DISCIPLINE

Players are at all times expected to remember that they are representing their club and their university, and should behave in an appropriate manner.

Any player who behaves on or off the field during club activities in a way that puts others at risk or brings the club into disrepute will be warned either verbally or in writing by the club captain. Further breaches may lead to suspension or expulsion from the club.