

UNIVERSITY OF LEICESTER LACROSSE CLUB

CODE OF PRACTICE

TRAINING

Training and matches must be run in accordance with the safety and conduct codes laid down by the ELA.

Beginners must be introduced to the game gradually with coaching given by a qualified coach, or a competent and experienced player appointed by the club committee.

All players must have a good basic understanding of the rules of the game and this will form part of the training given to club members.

EQUIPMENT

Suitable clothing must be worn. Footwear must be boots with moulded studs as laid down in the rules of the game.

It is recommended that gum shields should be worn by all players during matches and practice sessions.

No jewellery may be worn. Where possible, long hair should be tied back.

Lacrosse sticks must be in accordance with the rules of the game. The team captain must inspect all sticks prior to the start of training or a match. Damaged sticks must not be used.

It is the responsibility of the club captain to ensure that damaged club sticks are removed from use, repaired or returned to the Sports office for disposal.

Goalkeepers must wear body and leg protectors, as well as a facemask, helmet, chest plate and protective gloves. No one may play in goal unless he/she is wearing protective clothing of an approved standard.

PITCH

The pitch must be level, even and free of holes and debris. The goal nets must be pegged in place.

Any concerns about the quality of pitch maintenance must be referred by the club captain to the Sports office, the duty staff at the pavilion or to the Sports and Recreation Manager.

Play must not take place in adverse weather conditions such as hard frost. In the absence of a qualified umpire, the team captains must decide the fitness of the pitch for play. For home matches at Leicester, the Leicester team captain must take the final decision on whether or not to play.

SPORTSCARDS

Every club member must have a valid University Student Sportscard.

MATCH OFFICIALS

All match officials, whether qualified or not, will be treated with respect and courtesy by all club members.

Players will abide by the decisions made by match officials during play.

Clarification of any decision should be requested through the team captain.

Any player who abuses a match official, either verbally or physically, will be subject to the disciplinary processes of the club, and the regional authority for the sport.

DISCIPLINE

Club members must behave in accordance with all elements of the code of practice at all times.

The club captain will warn any club member who disregards the rules of the game, or who behaves at any club activity in an unacceptable manner, that any further breaches may result in expulsion from the club.