Workplace Mental Health Support Service

Together, we can have a positive impact on mental health in the workplace, supporting employees to remain in, or return to work, while enabling employers to create a mentally healthy and productive workplace.
Our free support is available to individuals with a mental health condition, who are absent from work or finding work difficult. The service includes:

- Work focused mental health support over a period of six months, tailored to the needs of the individual
- Assessment of an individuals’ needs to identify suitable coping strategies
- A personalised support plan, detailing the steps needed to remain in, or return to work
- Suggestions for adjustments in the workplace, or in working practices, that could be implemented to help individuals to fulfil their role
- Advice and guidance to enable employers to fully understand mental health and how they can support employees who have a mental health condition.

This innovative service is being delivered by Remploy, in partnership with Access to Work, a Jobcentre Plus Scheme. Our advisors are fully trained professionals with expertise in mental health and its impact on the workplace.

Eligibility criteria*

To be eligible for this service, individuals must meet the following criteria:

- Be in permanent or temporary employment (attending work or signed off sick)
- Have a mental health condition that has resulted in workplace absence, or is causing difficulties to remain at work.

* Application is subject to a decision by Access to Work

<table>
<thead>
<tr>
<th>Month one</th>
<th>Months two and three</th>
<th>Months four and five</th>
<th>Months five and six</th>
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<tbody>
<tr>
<td>Registration with Access to Work</td>
<td>First meeting with a Remploy advisor to identify the individuals’ support needs - with or without their employer and at a mutual setting, if needed.</td>
<td>Implementation of the support plan, with telephone support and face-to-face meetings (if required)</td>
<td>Final report with referral to further support services (if required)</td>
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<td>Initial assessment of needs by telephone</td>
<td>First review meeting (face-to-face)</td>
<td>Second review meeting (face-to-face)</td>
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Overview of the Service
To apply for this service, please contact Access to Work on:
Telephone number: 0845/0345 2688 489
Email address: atwosu.london@dwp.gsi.gov.uk
Text box: 0845 608 8753

For further information on the WMHSS or to discuss your application, please contact Remploy on:
Tel: 0845 146 0501
Email: vocationalrehabilitation@remploy.co.uk

www.remploy.co.uk/mentalhealth

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