### Example timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| 09.30 – 11.00 | Grammar  
- defining & non-defining clauses  
Reading  
- finding specific information | Speaking  
- asking questions  
Vocabulary  
- suffixes  
Pronunciation  
- word stress | Progress test  
Speaking  
- giving descriptions | Reading  
- reading for general understanding  
Grammar  
- third conditional | Reading  
- reading for main points  
Vocabulary  
- adjectives & adverbs |
| 11.00 – 11.30 | Break                                      | Break                                       | Break                                      | Break                                       | Break                                       |
| 11.30 – 13.00 | Speaking  
- social English  
- giving & reacting to news | Writing  
- a film review  
- paragraph organisation | Listening  
- listening for specific information | Listening  
- listening for main points  
Grammar  
- indirect questions | Vocabulary  
- compound nouns  
Revision |
| 13.00 – 14.00 | Lunch                                       | Lunch                                       | Lunch                                      | Lunch                                       | Lunch                                       |
| 14.00 – 15.00 | Writing  
- for / against essay  
- comparing & contrasting | Pronunciation  
- sentence stress |                               | Writing  
- expressing advantages, disadvantages, reasons, opinions |                               |
| 15.00 – 16.00 | Vocabulary  
- phrasal verbs | Grammar  
- relative clauses |                               | Listening  
- note-taking skills |                               |