Teamwork Skills

What are Teamwork Skills?

- Perform agreed tasks and contribute to team results
- Share information or make suggestions
- Balance working in more than one team simultaneously
- Demonstrate openness to the ideas of colleagues
- Identify the strengths and weaknesses of colleagues
- Understand and be able to work effectively within the dynamics of a group
- Work positively and constructively with(in) diverse groups
- Build trusting relationships between colleagues
- Use technology to support team working
- Inspire other colleagues to participate
- Coach, mentor and give constructive feedback to colleagues
- Manage disagreements or conflicts
- Establish and use networks

How can I develop my teamwork skills?

- Volunteering with a team
- Development programmes
- Part-time work e.g. Student Ambassador or Bar Work
- Join a sports society or group

How might I have developed this skill during my studies at University of Leicester?

- Group projects
- Simulated team meetings
- Varying students within groups (experience diversity and how people work in work)

Example:

How might you demonstrate Teamwork Skills in your CV? You can use the list above where appropriate but remember to evidence how you gained or developed the skills. For example:

- When taking part in an open day on campus, I took on the role of leader within our group to inspire and motivate my fellow student ambassadors to engage with as many prospective students as possible to ensure the Open day was a success.