MENTAL HEALTH PARTNERSHIP
Niguse Yigzaw & Lynn Wroe

Leicester staff & Gondar University staff working together in supporting the medical & nursing students’ curriculum by delivering specific mental health teaching packages.

First Graduates of the BSc Psychiatric Nurse Programme
Working together with Leicester & Gondar Link in building the first mental health ward.

Opened in November 2013. Providing inpatient and outpatient mental health treatment and care.

Opening Ceremony November 2013

Community Based Rehabilitation (CBR)

CBR is a well established national organisation working with young people up to 18 years old with a range of disabilities in their home involving their families and the local community

HALE mental health link became involved when CBR wanted to develop services for young people with mental health and developmental disorders and identified a training need.
Working together in partnership with Leicester & Gondar

In November 2014, Leicester Training Team members provided a "first" by delivering a tailored training package to clinical & academic staff intended to support and manage challenging and aggressive behaviours in mental health.

Applying skills for the management of challenging behaviours
WHAT NEXT !!!
Supporting academics & clinicians to develop an innovative and sustainable community mental health outreach service with the intention of providing specific mental health promotion programmes, support and treatment to people in their local communities.

WHAT NEXT !!
Improving links between church, spiritual leaders, local charities & NGOs to develop and adopt a collaborative approach in reducing stigma associated with mental illness & learning disabilities.

What has worked well?

• Common programme goals and working collaboratively to achieve them i.e. development of the ward and staff
• Consistent leadership in sustaining programmes
• Agreed funding to ensure long term sustainability of the mental health wards.
• Staff enthusiasm and motivation to maintain the links
• Consolidating of training eg CBR
Community Based Rehabilitation (CBR)- What worked well

- On-going six year programme of training in child mental health, autism and Intellectual Disability/MR
- Training agenda led by Gondar partners
- Consistency in the key members of partnership
- Trainers undertaking field visits which has helped training fit local context
- As there is up to a year between training events we are still finding the balance between consolidation of previous training and new areas

Lesson's learned

- Communication could be improved especially in between visits.
- Need consistent transportation to assist in moving community programmes forward.
- Improving the opportunities to reflect and evaluate training.
- Clearer understanding of the availability of local funding.
- Staff turnover impacts on maintaining consolidation of training & development.