



(work with more than one person)

Trainee:

Session:

Domain A: Demonstrating Generic Therapeutic Skills (with more than one person)						
Establishing and maintaining a good therapeutic alliance with all present						
Item		Yes - Exceeded	Yes - Expected	No - Somewhat below	Fail - Far below	Unable to Rate
Tick the most appropriate column for each item						
	Does the trainee:					
1	Show appropriate levels of warmth, concern and genuineness within professional boundaries?					
2	Avoid negative interpersonal behaviours (such as impatience or aloofness)?					
3	Listen to concerns in a non-judgmental and sensitive manner?					
4	Demonstrate that s/he comprehends the way those present understand their situation?					
5	Demonstrate appropriate non-verbal behaviour and posture?					
6	Manage and contain his/her own feelings in response to the material presented by those present?					
7	Demonstrate an awareness of broader cultural discourses and practices that influence the clients' understanding of their situation?					
COMMENTS						

Domains B: Demonstrating Generic Systemic Skills
Establishing and maintaining engagement with the system

Item	Yes - Exceeded	Yes - Expected	No - Somewhat below	No - Far below	Unable to Rate
Tick the most appropriate column for each item					
Does the trainee:					
8					
9					
10					
11					
12					
13					
14					
COMMENTS					

Domain C: Demonstrating Generic Meta-competences
Delivering the session in a flexible but coherent manner

Item	Yes - Exceeded	Yes - Expected	No - Somewhat below	No - Far below	Unable to Rate
Tick the most appropriate column for each item					
Does the trainee:					
15					
16					
17					
18					
19					

	concerns about important aspects of the session?					
20	Demonstrate awareness and responsiveness to emotional shifts within the session?					
COMMENTS						

Domain D: Demonstrating Systemic Meta-competences						
Using and maintaining a non-pathologising, relational approach						
Item		Yes - Exceeded	Yes - Expected	No - Somewhat below	No - Far below	Unable to Rate
	Tick the most appropriate column for each item					
	Does the trainee:					
21	Hold and communicate an interpersonal perspective on the problems and possible solutions?					
22	Recognise and work with the strengths of the clients?					
23	Work with the clients to generate potential solutions?					
24	Maintain and convey a stance of curiosity?					
25	Introduce 'expert knowledge' in a way which takes into account its impact on the therapeutic process?					
COMMENTS						

GENERAL COMMENTS (optional)