



## Leicester Medical School

# Clinical Teachers' Newsletter

**Welcome** to the March edition of the Leicester Medical School Clinical Teachers' Newsletter.

We begin this edition by announcing the student nominated 2016 Outstanding Clinical Teachers/Teams winners. On page 2, second year medical student, Asha Kanwal, shares her reflections on the third Leicester Medical School Day, which took place on 13 January 2017. Yet again, the event show-cased very prominent speakers including Professor Carol Black, Professor Sir Denis Pereira Gray and Professor Alice Roberts, to name but a few. On page 3, we highlight the Medical School's Inaugural Best Practice in Teaching Event which will take place on Thursday 27 April 2017. We warmly invite all clinical teachers to attend this free event. Lastly, on the back page you can find out more about the Head of Department (Designate), Professor Richard Holland, who joined the Department at the start of 2017.

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## Outstanding Clinical Teachers/Teams Awarded at Medical School Day 2017

Dr David Heney, Director of Undergraduate Medical Education, was delighted to announce the winners of the Outstanding Clinical Teaching Awards at the third Medical School Day, which took place on 13 January 2017.

The student nominated winners were as follows:

### Foundation Doctor

Dr Navin Leanage, Glenfield Hospital

### GP

Dr Sam Adcock, Bushloe End GP Surgery

### Specialist Trainee

Miss Sheweidin Aziz, Leicester Royal Infirmary

### Leicester Hospitals

Dr Alastair Sandilands, Glenfield Hospital

### District Hospitals

Dr Syed Hussain, Kettering General Hospital

### Dedication to Teaching

Mrs Joyce Burns

### Outstanding Clinical Education Improvement Award

Mr Chandra Ohri, Glenfield Hospital

### Outstanding Clinical Team Winners

#### Primary Care

Lakeside Healthcare, Corby

#### Secondary Care

Orthopaedics Team, Peterborough

Dr David Heney stated, "All our clinical teachers and clinical teams should be acknowledged, but it is important that the medical school rewards those individuals and teams who are committed to delivering excellent teaching and consistently enhance the student experience."

# Year 2 Student, Asha Kanwal, Reflects on Leicester Medical School Day 2017



It was an honour to be able to attend the most inspirational day of the year at medical school. I appreciated the opportunity to listen to many successful doctors and role models who are thriving and have a positive attitude towards their work. It reminded me of the potential that such a career can exist and this is something I cannot wait to pursue after I graduate.

To begin the day with an introduction to Professor Holland was very comforting. Undoubtedly Prof. London will be missed once he is gone, but it is reassuring to know that the medical school will be in safe hands. Professor Macleod then took centre stage with her incredible presentation on 'How to have a wonderful career'. It was intriguing to have an insight into her job role as a Post-Grad Dean, surely not many students knew what that entailed. Not only did she express her satisfaction with her career choice but she underpinned how she balanced her family life around it. It was this personal touch which grasped my attention most. Juggling a challenging career with children is something I've always been concerned about; but seeing how a successful woman has achieved this demonstrates it can be done. The more she spoke, the more my respect for her grew.

Professor Sir Denis Gray then exposed the importance and difference between the roles of GPs compared to other roles in medicine. The idea of treating and building relationships with up to four generations of the same family is extraordinary. It demonstrates how important it is for the community to have a trusting doctor and someone who can tackle a vast amount of disorders in all age groups and sizes.

Professor Carol Black then gave an inspirational talk on how to approach curiosity. Her journey into Medicine was an unusual one, but nonetheless worth it. She reminded me of myself, someone who's from a middle class working family with inner motivation pushing me to achieve my goals. Her curiosity about scleroderma led to her becoming an expert and increasing awareness about the condition. A hugely successful woman and another great role model for young women.

The final talk by Professor Roberts captured me the most. It enlightened us on how interesting embryology could be, something we had forgotten during revision! The combination of development within evolution was intriguing, definitely a field which I can see myself entering in to.

Many students may feel that the Medical School Day was inconvenient due to the timings of the event being a few days before exams. However, for me, it's the one day I look forward to, especially when I'm stressed and feeling low. Not only is it a break from all that revision, but Medical School Day always reminds me about the rewarding career I am training for and inevitably brings back the motivation I need to pass those exams.

*Asha Kanwal, Year 2 Medical Student*

# Medical School Day Photos



Professor Sir Denis Pereira Gray



Professor Sheona MacLeod



Student Prize Winner



Professor Carol Black



Students enjoying the talks



Professor Alice Roberts

# More Student Thoughts on the Day

"I really enjoyed hearing the speakers' thoughts and wisdom accumulated over many years in the health profession and what I particularly appreciated was that their speeches emphasised the vast variety of paths available for a career that starts with a medical degree. They all undertook the same initial degree but the speakers' careers have taken a wide and varied journey to jobs that they clearly loved. The whole day emphasised the fact that we, as students, were not being driven to a single destination but to individual positions within the profession that suit our individual strengths and character."

*Chloe Southey, Year 1 Medical Student*

"From a talk reminding us how lucky we are to simply be alive, through to inspiring stories of experienced professors who cherish the careers they have so far lived, there was one thing that bought all of these talks together; medicine. It's was heartening for those of us still at the infancy of our careers to know that we have the potential to go forward and follow our passions, no matter where it may take us."

*George Dovey, Year 4 Medical Student*

# Bookings Open for Medical School's First Best Practice in Teaching Event – All LMS Clinical Teachers Welcome



The Medical School is delighted to announce that it will be hosting its first annual **Best Practice in Teaching Event on Thursday 27 April 2017 from 9.30-3.30, at the Centre for Medicine.**

The whole day event will provide an opportunity to share good practice in teaching and learning highlighted by our partner Trusts and Academies and for the Medical School to provide updates concerning the new MB ChB curriculum, assessment and student support. On the day, you will also have the chance to attend a discussion forum in one of three areas: the use of technology in teaching, professionalism, or lessons learnt in introducing a new curriculum.

We hope the event will provide a good opportunity for colleagues with an educational role and interest to share ideas and network with other undergraduate Clinical Teachers in the East Midlands.

To book a place on the Best Practice in Teaching Event, please click below:

<https://www2.le.ac.uk/departments/msce/clinical-teaching/development-opportunities/development-opportunities>

**This is a FREE event and lunch will be provided.**

## Quote of the Day

“The good physician treats the disease; the great physician treats the patient who has the disease.”

*William Osler*

## Tips for Teaching in a Clinical Setting

### Learning environment

Do you remember your medical student days? Did you ever have the experience of turning up on a ward where no-one expected you, everyone was too busy to help and the planned teaching did not happen? Teaching in the clinical setting starts with developing a good learning environment. The students will need an accurate timetable, the staff need to know that they are expected and the patients should be made aware and give their consent.

### The Student Consultation Sandwich

1. Think of the teaching session as a sandwich, with conversation with the student at the beginning and end and the learning experience in the middle. When you have a student learning with you in your consulting room or on the ward, start with establishing what their learning needs are. Most students will be able to tell you what they need to focus on, based on feedback from previous teaching sessions. Talking with them briefly at the start will help you to agree what the learning objectives are for that session.
2. Having established the learning needs of your student, give as much opportunity for practice as possible. Our students tell us that they benefit from taking many consultations under supervision. If time is short or you are running late, perhaps ask them to participate in those parts of the consultation they have identified as being the most important to improve in e.g. you take the history but they examine the patient or deliver the management plan. Junior students may need help after just a few minutes of history taking but more senior students need to be given opportunity to run consultations without interruption – after all this is what they will need to do once qualified.
3. Do not feel you need to teach on every topic that comes up. Encourage students to take ownership of their own learning by keeping notes of topics to read about during private study time.
4. At the end, provide specific feedback, focussing on the areas agreed on at the beginning of the session. Encourage the student to tell you what they have learned from the session and what they plan to do next e.g. further reading or practice. You may also wish to ask the student to give you feedback on how the session has run. Did they feel involved? Was the feedback you gave helpful? How could future sessions be improved?

*Dr Emma Hayward*

# Block Star Tutor Winners

Congratulations to our latest group of Block Star Tutors from the Mental Health Care, Musculo-Skeletal Care, Child Health and Reproductive Health Blocks



**Dr Sedhrat Momen**, Northampton

"Dr Momen was an excellent unit lead and teacher throughout the block"

"Dr Momen's thorough feedback on my performance was very helpful. His criticisms were very constructive and I was able to improve my performance."

"Dr Momen was easy to contact and gave good constructive feedback during DOPAs"

Mental Health Block



**Mr Rupert Clifton**, Peterborough Hospital

"Mr Clifton did teaching to 2 students at a time and delivered valuable knee teaching. His organisation of the block was brilliant too."

"Mr Clifton was great and spent a lot of time organising our timetables and making sure everything went well. He was amazing!"

Musculo-Skeletal Block



**Dr Chhavi Goel**, Burton Hospital

Dr Goel in Burton provided excellent bedside teaching in numerous topics, and regularly gave us feedback on our performance. Also, in outpatient clinics she would allow me to see new patients referred and then present back to her – again she provided valuable feedback on this.

Child Health Block



**Dr Olakanmi Joseph**, UHL

Dr Joseph is a fantastic teacher and took the time to explain various topics in detail. He has a relaxed, but focused style to teaching which enables you to explore topics that you are struggling with in a safe environment. He is probably the best teacher I have had in Phase 2 so far!

Reproductive Health Block

# Leicester Medical School Welcomes Professor Richard Holland, Head of Department Designate



I qualified in 1991 entering Public Health after a variety of junior doctor posts. Those took me from Oxford, to Bristol, Bath and Torbay before a year in Australia, which included work with the Royal Flying Doctor Service. On my return, I worked in Somerset before moving to Norfolk and subsequently UEA in 1999.

I was awarded an MRC Fellowship in 2001 and have gained almost £4 million as a principal investigator and over £7 million as a co-applicant, principally funding randomised controlled trials in pharmacy practice and substance misuse. My latest award is a programme grant with colleagues testing the effectiveness of pharmacist independent prescribers enhancing care to residents of nursing homes.

I thoroughly enjoy teaching and played an active role in the early days of UEA's new medical course. I became Course Director in 2008 and Deputy Head of School in 2012. My team successfully navigated a period of student growth, whilst enhancing standards of admission, teaching quality and assessment, as well as re-designing our final years to lengthen our student assistantship. By 2015-16 our graduates were reporting that they were some of the best prepared in the country, with high levels of student satisfaction.

Alongside my undergraduate role, I chair the Part A exam for the Faculty of Public Health and have trained many academic clinical trainees at all levels.

I am delighted to have been appointed to Leicester as Head of School (designate) and relish the opportunity that the post and our excellent course provides.

## Clinical Teachers' Newsletter Editorial Team

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