



Working Lives Group Newsletter

Issue 2

Our new Chair – Dr Glenn Rodrigo



This is the first issue of our Newsletter with myself as the new Chair of the WLG. I would like to take this opportunity to thank all those members who have now left, for their wonderful work and in particular Tom for his strong support of the group and its aims. Also, to welcome our new members; Gavin, Hash, Mary

and Anne-Marie (Details in the Newsletter). In this issue, we have included a summary of the main points that we have, or are addressing as a result of the feedback we received from you via the staff survey and away day, and there will be a more detailed list of these on our website soon.

Do not forget that we are your group and can only work to change your working life for the better, with your help. So please do keep feeding back your views and ideas through our website or directly to one of WLG members.

Away Day Feedback

Over several meetings we have discussed all the points raised at the last Away Day. Thank you again for all the comments and suggestions.

We grouped the comments into different areas, each are briefly covered below (further information can be found on the website):

Away Day Talks

Many people commented that they liked the format of the 5 minute talk and that it was an excellent way of informing members of the department of the research that was going on in other areas. We will be incorporating something similar for May 2017.

Working Lives Group

Membership

Suggested that the membership be expanded to include other staff groups with an interest in CVS, such as BRU and research nurses. A recent call went out for new members and we now have representatives from BRU – more clinical staff would be welcome.

Our new Chair – Dr Glenn Rodrigo.....	1
Away Day Feedback	1
Away Day Talks.....	1
Working Lives Group	1
Membership.....	1
Meetings and Scope of WLG	1
Feedback	1
Various Site Related Comments.....	1
RKCSB	1
GGH/CVRC.....	1
Newest Members to the WLG.....	2
Away Day Feedback continued	
Recycling	2
Transport.....	2
Exercise / Sport	2
New Starters / Induction.....	2
Part-Time Staff	3
NHS Staff and CVS	3
Mediation.....	3
Question 1 – What WLG can do for you?.....	3
Question 2 – What you can do for WLG?.....	3
Competition Time – People and Places.....	3

Meetings and Scope of WLG

A few comments were made about what do we actually do and how can staff and students find out. The meeting summaries, including a proposed agenda and our [Terms of Reference](#) that has now been updated, are both available on our website.

Feedback

We were asked to provide feedback to the department. This is also available on our website in the Frequently Asked Questions (FAQs) section and now also available via these newsletters.

Various Site Related Comments

RKCSB

A time-out space and showers were all mentioned. The coffee room is now available for 'time-out', meetings and lunch. Showers are currently being investigated.

GGH/CVRC

Café Cardiologique has been mentioned many times, especially the heating. Good news, this is now fixed and we had a very pleasant meeting and 'lunch with...'



Newest Members to the WLG



Gavin Morris

Based at: CVRC

Committee Memberships:

Dept Working Lives Group

Interesting Fact: I have been to all of the new seven wonders of the world

Hobbies: Pre-children: Travelling, reading, fitness, cinema, DJ-ing, socialising. Post-children: Alcohol



Hash Patel

Based at: GGH CSW

Committee Memberships:

Dept Working Lives Group

Social Committee

Interesting Fact: still waiting for grandchildren so got a dog instead

Hobbies: Reading and walking.



Caroline Gardner-Hill

Based at: GGH CSW

Committee memberships:

Dept. Working Lives Group

Interesting fact: I make a rather good pink elderflower gin!

Hobbies: sea swimming, tennis, field sports, sailing, bridge and fundraising for the RNLI.

Mary Harrison

Based at: BRU GGH

Committee Memberships: Dept Working Lives Group

Anne-Marie Marsh

Based at: BRU GGH

Committee Memberships: Dept Working Lives Group

session there recently and now has a new noticeboard for the use of WLG / Social Committee.

Improvements were requested for the CSW lecture theatre and the IT equipment will be updated shortly. Unfortunately, there is no budget to update the lecture theatre's décor but this will be revisited at a later date.

Recycling

Facilities are available at RKCSB, in GGH – there are some recycling facilities near the lunch area. This issue is ongoing and we will revisit it again in the future. Dependent on Estates' budget, currently no funds available.

Transport

We are very fortunate to have a free Hopper bus that visits all the sites and paid car parking facilities locally. Free car parking is not feasible as the car parks at NHS

sites are not organised by us and this will not change. A bike store is available and car sharing scheme is in place.

Exercise / Sport

A number of issues were raised regarding the exercise / sports facilities available. There is now a walking group and running group based at GGH and anyone who wishes to join in should see the departmental newsletter for further information. Showering facilities are also available at GGH and on main campus for RKCSB / HWB staff.

New Starters / Induction

There is now a comprehensive induction pack that all new starters receive prior to joining the department. An individual's line manager is responsible for assigning a buddy and a mentoring scheme is available.



Informal monthly socials are also organised to encourage personnel to mix with the wider group within the department.

Part-Time Staff

To facilitate part-time staff being able to attend all manner of events. These are usually scheduled at different times and on different days to encompass all working patterns to prevent anyone being at a disadvantage when working on a part-time basis.

NHS Staff and CVS

Considerable effort has been made to encourage the participation of NHS staff in CVS events and groups, including timing and forward planning of events. This has been met with some success, however, this remains an issue we are addressing.

Mediation

Some personnel asked about mediation, there are a number of posters around the department and links from the website to general wellbeing which will also cover mediation and any other problems you may be experiencing in the workplace.

Question 1 – What WLG can do for you?

A number of suggestions were put forward in order to answer this question. The most popular of which were: promote talks / events and make these available offline. Provide information e.g. induction booklet. Set up appropriate interaction and opportunities of networking – e.g. First Friday.

Question 2 – What you can do for WLG?

It was great to see everyone engaged on the day and as such, a very long list of suggestions were given for this section. Many of which were similar so have been grouped into the following: provide feedback, when asked, so that the WLG can work on your behalf; engage with committees, ideas and emails; participate in surveys, discussions, meetings in a timely manner; have a flexible attitude to change and recognise when some things are beyond the scope of the WLG; celebrate all successes in the department and lastly, join the WLG!

Away Day – 3rd May 2017

The next Department Away Day is on May 3rd at Stamford Hall and we hope to see you all there.

Competition Time – People and Places

Can you guess who or what these small sections of pictures are showing?



Please email your answers to CVSenquiries for the chance to win a **PRIZE**