



**\*\*STARTING THIS WEEK\*\***

**FRIDAY 25<sup>th</sup> SEPTEMBER 2015**

**JOIN US FOR A WALK  
AROUND VICTORIA PARK  
EVERY FRIDAY LUNCHTIME**

**1- 2pm**

**Walking is a great stressbuster and a good  
chance for a chin-wag!**



**Meet outside the RKCSB reception at 1pm, for those  
working in the Hodgkin/HWB we can pick you up along  
the way on Lancaster Road.**

**All welcome**