Supporting Families with Cancer

The University of Leicester, University Hospitals of Leicester and Macmillan Cancer Support are working together to Support Families with a strong history of Cancer through:

**Prevention**
- Cancer prevention groups
- Preventing cancer in families

**Support**
- Genetic counselling support
- One-to-one counselling for familial cancer
How you can get involved:

**Cancer prevention groups**
Support groups for patients considering preventative surgery to reduce their risk of cancer - we would particularly welcome patients who have had preventative surgery to share their experiences.

**Preventing cancer in families**
Evening events for families to talk about simple dietary and exercise steps that can be taken to reduce the risk of cancer, alongside latest evidence on research into cancer prevention.

**Genetic counselling support**
Further one-to-one counselling for individuals having difficulties in reaching genetic counselling decisions.

**One-to-one counselling for familial cancer**
One-to-one counselling for individuals coming to terms with familial cancer in themselves or their relatives.

To sign up for any of these activities or to find out more:

**T:** (0116) 2523165
**E:** sfwc@le.ac.uk

Health Education Reaching Out
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www.le.ac.uk/hero
www.macmillan.org.uk
www.leicestershospitals.nhs.uk