Take control of your mental wellbeing…

with our confidential Workplace Mental Health Support Service

You’re not alone…

At least one in four people will experience a mental health problem at some point in their life.

The most common issue is depression mixed with anxiety.

Source: NHS Information Centre for Health and Social Care, 2008

To apply for this service, please contact Access to Work on:

Telephone number: 0845/0345 2688 489

Email address: atwosu.london@dwp.gsi.gov.uk

Text box: 0845 608 8753

For further information on the WMHSS or to discuss your application, please contact Remploy on:

Tel: 0845 146 0501
Email: vocationalrehabilitation@remploy.co.uk

www.remploy.co.uk/mentalhealth

Join our online communities:

Twitter: www.twitter.com/Remploy
Facebook: www.facebook.com/Remploy
YouTube: www.youtube.com/user/Remploytv

Remploy
18c Meridian East
Meridian Business Park
Leicester
LE19 1WZ

If you need this information in an alternative format or language, please email marketing@remploy.co.uk quoting ref. 1519
Our advisors are trained and experienced in supporting mental health at work and will:

- Provide you with workplace mental wellbeing support and advice for six months, which is tailored to your needs.
- Develop a step-by-step support plan, with your help, so that you can get back on track.
- Support you to identify successful coping strategies that will help you to succeed in your job.
- Advise you on any adjustments you or your employer could make to help you do your job more easily.
- Help your employer to fully understand your condition and how they can support you (if you’d like us to).
- Meet with you at a place where you feel comfortable.

Eligibility criteria

To qualify for this service, you must:

- Be in permanent or temporary employment (attending work or signed off sick)
- Have a mental health condition (diagnosed or undiagnosed) that has resulted in workplace absence, or is causing difficulties for you to remain in work.

About us

Remploy deliver the Workplace Mental Health Support Service in partnership with Access to Work; a Department for Work and Pensions scheme. This service is 100% funded by Government and designed to address workplace barriers relating to mental ill health, in order to help you retain your job.