MBChB

Code of Practice for Undertaking Foundation Year 1 Training Abroad

2017-18
Preface

This Code of Practice sets out the Leicester Medical School position concerning Foundation Programme training outside the UK.

Principles

As a general principle, Leicester Medical School does not prospectively approve Foundation Programme training outside the UK, with the exception of the Malta Foundation Programme.

Background

In the UK, for the first year after graduation, provisionally registered doctors remain the responsibility of their graduating Medical School who need to be assured that training curricula, educational and clinical supervision, assessments and reviews of competency progression are regulated and of a consistently high quality.

However Malta Foundation School is affiliated to the UKFPO and their Foundation Programme curriculum, operational processes and quality assurance are based on the UK Foundation Programme. The Malta Foundation Programme is re-approved by UKFPO and the Malta Medical Council every five years. However, the Malta Foundation Programme is regulated by the Medical Council of Malta and not by the UK General Medical Council.

Therefore the Malta Foundation Programme will be considered an exception to the Leicester Medical School position that it does not approve training as a provisionally registered doctor outside the UK.

East Midlands Foundation School position

Leicester Medical School has taken advice from the East Midlands Foundation Programme Director and is satisfied that the Malta Foundation Programme has robust quality assurance and is clearly affiliated to the UK Foundation Programme.

Leicester Medical School, in partnership with the Director of Foundation training, Health Education England- working Across the East Midlands, will consider the prospective approval of training as a provisionally registered doctor for the Malta Foundation Programme and, if approved, upon satisfactory completion, support their application for full registration with the GMC.

GMC position

The General Medical Council states that from August 2014, graduating students do need to have provisional registration with the GMC before starting overseas F1 training.

Please note that if prospective approval is not given to a UK medical graduate opting to undertake training outside the UK when provisionally registered, an application for full GMC registration will not be possible. Only doctors with correct approval and oversight of their...
training will be able to get a signed Certificate of Experience (COE) and be able to apply for full registration with the GMC in future.

Requirements

The following criteria need to be satisfied for Leicester Medical School to approve training as a provisionally registered doctor through the Malta Foundation Programme.

1. Prospective approval by Leicester Medical School and the Postgraduate Dean, Health Education East Midlands

2. Prospective paper review of the Malta Foundation Programme training posts

3. Agreement from the Malta Foundation School that they can and will support the delivery of the approved curriculum and assessment process

4. Confirmation from the graduate’s planned overseas educational supervisor of the details of the programme and associated educational opportunities so that the outcomes can be demonstrated

5. Agreement by the graduate that they will maintain contact with the Leicester Medical school and East Midlands Foundation School while overseas

6. Submission of the FP portfolio and assessments by the graduate

7. Quality oversight by East Midlands Foundation School.

Summary

Leicester Medical School does not prospectively approve Foundation Programme training outside the UK, with the exception of the Malta Foundation Programme. Potential applicants should note that prospective approval for Foundation training in Malta is required from Leicester Medical School and that the process takes some time to complete. Students should apply for prospective provisional registration with GMC if Leicester Medical School gives permission to complete their Foundation training in Malta.

Further information can be found at http://fpmalta.com/page/view/38 and Guidance for Leicester Medical School applicants to Malta Foundation Programme (appendix A)

Please note that eligibility requirements for the Malta Foundation Programme by which citizens of other Member States of the European Union who are entitled to equal treatment to Maltese citizens in matters of employment by virtue of EU legislation and treaty provisions dealing with the free movement of worker will be subject to the outcome of negotiations to leave the European Union invoked by Article 50 of the Lisbon Treaty.
# Appendix A: Guidance for Leicester Medical School applicants to Malta Foundation Programme

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Action by:</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical School notification of intention to apply to Malta FP</td>
<td>Dr R Wright Foundation Programme lead <a href="mailto:rw239@leicester.ac.uk">rw239@leicester.ac.uk</a>&lt;br&gt;See <a href="http://www.gmc-uk.org/doctors/registration_applications/uk_pr_p1.asp">GMC Approval of Foundation training abroad process</a>*</td>
<td>From January 2017</td>
</tr>
<tr>
<td>Up to date Curriculum vitae (europass style) bearing the applicant's original signature</td>
<td>Applicant MyCareers 0116 252 2004&lt;br&gt;<a href="http://www2.le.ac.uk/offices/careers-new">http://www2.le.ac.uk/offices/careers-new</a></td>
<td>From June 2017</td>
</tr>
<tr>
<td>CRB/DB check within 6 months of application</td>
<td>Applicant to contact <a href="mailto:medadmis@le.ac.uk">medadmis@le.ac.uk</a>&lt;br&gt;Requires at least 6 weeks' notice</td>
<td>From June 2017</td>
</tr>
<tr>
<td>Evidence of primary UK qualification as transcript</td>
<td>Applicant to contact <a href="mailto:medadmis@le.ac.uk">medadmis@le.ac.uk</a>&lt;br&gt;Requires at least 24 hours’ notice</td>
<td>August 2017</td>
</tr>
<tr>
<td>A Dean's statement to include decile score</td>
<td>Applicant to contact <a href="mailto:medadmis@le.ac.uk">medadmis@le.ac.uk</a>&lt;br&gt;Requires at least 14 days’ notice and can be posted direct</td>
<td>August 2017</td>
</tr>
<tr>
<td>Prospective written approval by Leicester Medical School</td>
<td>Dr R Wright Foundation Programme lead <a href="mailto:rw239@leicester.ac.uk">rw239@leicester.ac.uk</a></td>
<td>August 2017</td>
</tr>
<tr>
<td>Supporting letter from the Foundation School Director</td>
<td>The Postgraduate Dean will supply you with a letter showing approval of the placement in Malta—you will need to provide details of the Malta programme. Dr Robert Powell Foundation School Director. PA Nicola Barbosa, Medical Education Co-Ordinator East Midlands Foundation School Tel: 0116 4788655 Email: <a href="mailto:Nicola.barbosa@hee.nhs.uk">Nicola.barbosa@hee.nhs.uk</a></td>
<td>August 2017</td>
</tr>
<tr>
<td>GMC provisional registration</td>
<td>Applicant <a href="http://www.gmc-uk.org/doctors/registration_applications/uk_pr_p1.asp">http://www.gmc-uk.org/doctors/registration_applications/uk_pr_p1.asp</a></td>
<td>April 2018 onwards</td>
</tr>
</tbody>
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**GMC statement Undertaking F1 overseas**

[http://www.gmc-uk.org/doctors/registration_applications/uk_internships.asp](http://www.gmc-uk.org/doctors/registration_applications/uk_internships.asp)

As a graduate from a UK medical school, F1 is still part of your basic medical education. Your medical school is therefore required to have oversight of your F1 training and they (or the local foundation school) will be responsible for signing off your Certificate of Experience on completion of your training. This Certificate of Experience is the evidence we will need to confirm that you are eligible to apply for full registration.

If you are thinking of taking your F1 year outside the UK, you **must** have the following in place **before** you do:

- **prior confirmation from your medical school that they support your overseas training**
- **prior confirmation from a local education and training board, postgraduate dean or your medical school that they will have oversight of the quality of your training** (some postgraduate deans do not accept posts outside of the UK)

July 2017
• **hold provisional registration with the GMC** whilst you are undertaking your approved overseas training.

Once you have confirmation that your school supports your overseas training and you have confirmation of oversight of the quality of your training, they will let us know. We will then grant approval for you to undertake your F1 training outside of the UK.

If you go overseas after graduation in a post that was not approved and therefore can't get a Certificate of Experience then you won't be eligible to apply for full registration if you return to the UK in the future. In this case you will only be eligible for provisional registration, which restricts your work to Foundation Year 1 posts.

It may be possible for the GMC to consider at a future point, any experience you have gained overseas for the purposes of assessing your eligibility for full registration. However, this would be entirely at the Registrar's discretion, and as such, there is no guarantee that you would be able to apply for full registration at a future point, on the basis of this experience.